



THE
HAVENS
COUNTRY CLUB

Spa Appointments

Contact the Front Desk
760-758-2800
spa@thehavenscc.com

Please arrive 10 minutes prior
to your appointment.

For all Spa Services a 24-hour
cancellation policy is required.
A 20% gratuity plus tax is
automatically added to
your service.

SPA SERVICES

The Havens Signature Massage **50 minutes \$95 | 90 minutes \$130**

Our signature Swedish Massage guides the mind and body into a state of relaxation. Herbal compresses, steeped in a blend of lavender, sage, and rosemary essential oils, combine with gentle strokes to calm the mind and ease muscle tension.

ENHANCEMENTS

Aromatherapy

50 minutes \$25 | 90 minutes \$40

Awaken your senses with a customized aroma massage. Choose from a collection of essential oils for calming, invigorating, or relaxing experience.

CBD

50 minutes \$45 | 90 minutes \$60

Relieve muscle pain and tension with a luxurious blend of nutrient rich oils and therapeutic plant extracts, infused with 400mg of CBD.

The Havens Deep Tissue Massage **50 minutes \$105 | 90 minutes \$140**

Our signature Deep Tissue Massage focuses on accessing deeper muscle layers, releasing stress and promoting relaxation. Address areas of focus with your therapist to soothe areas of chronic pain and tension with firm pressure.

Hot Stone Massage **90 minutes \$155**

Our hot stone massage combines elements of the earth with a grounding human touch. Through both the massage and the therapeutic use of smooth, heated stones, deep rooted muscle tension is soothed, and circulation is increased.

Waterless Lavender Blossom Scrub **50 minutes \$125**

Restore the body's energy with a relaxing and exfoliating polish of dead sea salt, CBD, and calming lavender essential oil. A hydrating and healing salve of Jojoba Seed Oil, Hemp Seed, Coconut Oil, and CBD soothes dry skin.

The Havens Signature Facial **50 minutes \$95**

Restore your skin's natural radiance with our signature facial. A customized deep cleansing, gentle exfoliation, and cocktail of boosters, masques, and serums combine to reveal a healthy, radiant glow.

ENHANCEMENTS

Glycolic Peel Enhancement: \$55

Microdermabrasion: \$75

Oxygen Infusion: \$95

*Dermaplaning: \$95 *Advanced booking required*

Organic Certified Radiance Facial **50 minutes \$135**

The fresh scent of honeysuckle extracts, hawthorn flower water, and birch sap awaken the skin. In a single gesture, impurities on the skin's surface are eliminated, as an oil cleanser transfers into a milky cleanse. Skin texture is refined with a gentle scrub of raspberry seeds and Camargue Rice, followed by a creamy masque providing instant hydration to visibly smooth fine lines.

Gentleman's Facial **50 minutes \$95**

A high-performance facial designed specifically to address male skincare needs, this treatment targets dryness, dullness, and shaving sensitivity. This energizing, deep cleaning treatment combines volcanic rock to detoxify the skin, and hyaluronic acid to replenish lost moisture and reduce the appears of fines lines and wrinkles.



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SPA SERVICES

Acupuncture

JUANITA AYSON
L. AC.

Having over thirty years experience in treating her patients with Acupuncture, Juanita's techniques are effective in treating ailments such as chronic pain, headaches, allergies, carpal tunnel syndrome, addiction, insomnia and many other conditions. Other treatments available include cupping, guasha, Assemblage Point and acupuncture/chakra balancing with sound healing and color therapy.

<i>Acupuncture</i>	50 minutes \$230
<i>Cupping and Guasha</i>	50 minutes \$265
<i>Acupuncture with Chakra Balancing</i>	50 minutes \$265
<i>Acupuncture</i>	90 minutes \$380
<i>Acupuncture with Cupping and Guasha</i>	90 minutes \$380
<i>Acupuncture with Chakra Balancing</i>	90 minutes \$380
<i>Assemblage Point Session with Chakra Balancing</i>	90 minutes \$380

Please Note: Gratuity is not automatically added to acupuncture services.